



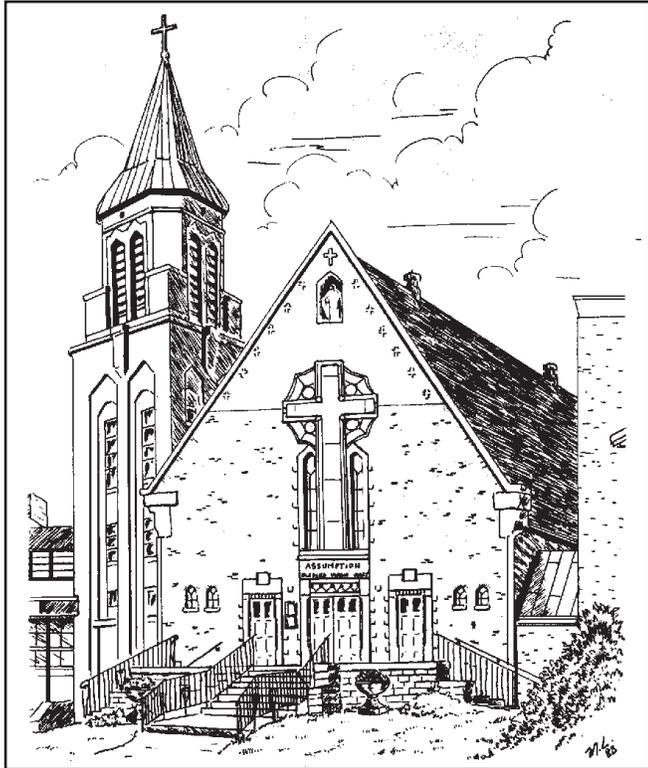
Assumption of the Blessed Virgin Mary Parish



Served by the Franciscan Friars Conventual

320 Olmstead Street, Vanier, Ontario K1L 7K3 • Tel: 613-695-6079

Website: www.assumptionparishottawa.ca



OUR PARISH MISSION STATEMENT

"We endeavour to build for this community a viable Christian Family that all will consider home."

MASS SCHEDULES

Saturdays: 9 am & 4 pm (Sunday Liturgy)

Sundays: 9:30 am, 12:00 pm (Filipino Mass), 7 pm

Mondays to Fridays: 8:00 am (except for School Masses, on Feast and Solemnities)

DEVOTIONS

Rosary: 30 Minutes Before Weekday Masses and Every First Saturday of the Month (after the 9:00 am Mass)

Devotion To Our Lady of Perpetual Help: Every Wednesday After The 8:00 am Mass

Eucharistic Adoration: Every 1st Friday at 8:30 am (after the Morning Mass) and every Friday at 6:00 pm

Stations of the Cross: Every Friday During Lent and Good Friday (time to be announced)

PASTORAL TEAM

Pastor: Rev. Fr. Victor Mateo, OFM Conv.

Pastoral Council Chair: Nick Murillo

Finance Council Chair: Mary Stanton

Administrative Assistant: Nora Arriola

PARISH OFFICE HOURS

Monday to Friday, 10 am - 12 noon, 1:00 pm - 4:00 pm
(closed on holidays)

PASTORAL & SACRAMENTAL CARE

Baptism: Please call the Parish Office to make an appointment to register your child for Baptism and to discuss all the requirements. If you belong to another parish, a letter of permission from your pastor is required. If you are not a parishioner of any parish, you must register and attend Mass regularly, and there is a three-month waiting period before your child can be baptized.

Confessions: Weekdays, after the 8 am morning Mass (approach the priest); First Fridays - 8:45 am to 9:15 am; First Saturdays - 9:30 am to 10:00 am, 3:30 pm to 4:00 pm (by appointment) Every Sunday - 11:30 am to 12noon

Marriages: One of the couples must be a registered member of the parish for at least 6 months and attend Mass here regularly. Please make arrangements at least six months before the wedding date. Marriage Preparation Course required.

Sacrament of the Sick & Communion for Shut-ins: Please contact the Parish Office

Funerals: Arrangements should be made firstly with the church, and then with the funeral director to insure proper Christian burial Assisted by the Bereavement Ministry

Youth Ministry: Every 1st Saturday of the month, 30 to 45 min. session (after the 4 pm Mass) at Carlo Acutis Hall.

I believe in the HOLY SPIRIT



JOHN 14:15-17, 26-27 - *"If you love me, you will keep my commandments. And I will pray the Father, and he will give you another Counselor, to be with you for ever, even the **Spirit of truth**, whom the world cannot receive, because it neither sees him nor knows him; you know him, for he dwells with you, and will be in you."* *"But the Counselor, **the Holy Spirit**, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you. **Peace, I leave with you; my peace I give to you; not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.**"*

Catechism of the Catholic Church 691- 693
THE HOLY SPIRIT: The proper name of the one whom we adore and glorify with the Father and the Son. The Church has received this name from the Lord and professes it in the Baptism of her new children. *The term "Spirit" translates the Hebrew word *ruah*, which, in its primary sense, means breath, air, wind. Jesus indeed uses the sensory image of the wind to suggest to Nicodemus the transcendent newness of him who is personally God's breath, the divine Spirit.¹⁷ On the other hand, "Spirit" and "Holy" are divine attributes common to the three divine persons. By joining the two terms, Scripture, liturgy, and theological language designate the inexpressible person of the Holy Spirit, without any possible equivocation with other uses of the terms "spirit" and "holy."*

Titles of the Holy Spirit: When he proclaims and promises the coming of the Holy Spirit, Jesus calls him the "Paraclete," literally, "he who is called to one's side," **ad-vocatus**. **"Paraclete"** is commonly translated by **"consoler,"** and Jesus is the first consoler. The Lord also called the Holy Spirit "the Spirit of truth." Besides the proper name of "Holy Spirit," which is most frequently used in the Acts of the Apostles and in the Epistles, we

also find in St. Paul the titles: the Spirit of the promise, the Spirit of adoption, the Spirit of Christ, the Spirit of the Lord,²⁴ and the Spirit of God - and, in St. Peter, the Spirit of glory.

Catechism of the Catholic Church 731 and 732
PENTECOST: On the day of Pentecost when the seven weeks of Easter had come to an end, Christ's Passover is fulfilled in the outpouring of the Holy Spirit, manifested, given, and communicated as a divine person: of his fullness, Christ, the Lord, pours out the Spirit in abundance. On that day, the Holy Trinity is fully revealed. Since that day, the Kingdom announced by Christ has been open to those who believe in him: in the humility of the flesh and in faith, they already share in the communion of the Holy Trinity. By his coming, which never ceases, the Holy Spirit causes the world to enter into the "last days," the time of the Church, the Kingdom already inherited though not yet consummated.

Catechism of the Catholic Church 733 - 736
GOD'S GIFT: "God is Love" and love is his first gift, containing all others. "God's love has been poured into our hearts through the Holy Spirit who has been given to us." Because we are dead or at least wounded through sin, the first effect of the gift of love is the forgiveness of our sins. the communion of the Holy Spirit in the Church restores to the baptized the divine likeness lost through sin. He, then, gives us the "pledge" or "first fruits" of our inheritance: the very life of the Holy Trinity, which is to love as "God (has) loved us." This love is the source of the new life in Christ, made possible because we have received "power" from the Holy Spirit. By this power of the Spirit, God's children can bear much fruit. He who has grafted us onto the true vine will make us bear "the fruit of the Spirit: *love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.*" "We live by the Spirit"; the more we renounce ourselves, the more we "walk by the Spirit." Through the Holy Spirit we are restored to paradise, led back to the Kingdom of heaven, and adopted as children, given confidence to call God "Father" and to share in Christ's grace, called children of light and given a share in eternal glory.



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